

Month: February

Menu: Breakfast



## North Rock Creek MS/HS Breakfast February 2024



			Thu, 2 /1	Fri, 2 /2
			Breakfast Burrito or Cereal & Toast Fruit Juice Milk	Donut or Cereal & Toast Fruit Juice Milk
Mon, 2 /5	Tue, 2 /6	Wed, 2 /7	Thu, 2 /8	Fri, 2 /9
Oatmeal Cinnamon Toast or Cereal & Toast Fruit Juice Milk	Sausage Patty Toast or Cereal & Toast Fruit Juice Milk	Biscuit & Sausage Gravy or Cereal & Toast Fruit Juice Milk	Yogurt Toast or Cereal & Toast Fruit Juice Milk	Pancakes w/ Syrup or Cereal & Toast Fruit Juice Milk
Mon, 2 /12	Tue, 2 /13	Wed, 2 /14	Thu, 2 /15	Fri, 2 /16
Sweet Waffle Sticks or Cereal & Toast Fruit Juice Milk	Scrambled Eggs Toast or Cereal & Toast Fruit Juice Milk	Biscuit & Sausage Gravy or Cereal & Toast Fruit Juice Milk	Oatmeal Cinnamon Toast or Cereal & Toast Fruit Juice Milk	Donut or Cereal & Toast Fruit Juice Milk
Mon, 2 /19	Tue, 2 /20	Wed, 2 /21	Thu, 2 /22	Fri, 2 /23
Pancake on a Stick or Cereal & Toast Fruit Juice Milk	Breakfast Burrito or Cereal & Toast Fruit Juice Milk	Biscuit & Sausage Gravy or Cereal & Toast Fruit Juice Milk	Cinnamon Roll or Cereal & Toast Fruit Juice Milk	Pancakes w/ Syrup or Cereal & Toast Fruit Juice Milk
Mon, 2 /26	Tue, 2 /27	Wed, 2 /28	Thu, 2 /29	
Sausage Patty Toast or Cereal & Toast Fruit Juice Milk	Scrambled Eggs Toast or Cereal & Toast Fruit Juice Milk	Biscuit & Sausage Gravy or Cereal & Toast Fruit Juice Milk	Cinnamon Toast Sausage Patty or Cereal & Toast Fruit Juice Milk	

\*THIS INSTITUTION IS AN EQUAL OPPORTUNITY PROVIDER



# North Rock Creek MS/HS

## Lunch February 2024



			Thu, 2 /1	Fri, 2 /2
			Chicken Nuggets Mashed Potatoes & Gravy Cucumber Slices Dinner Roll Fruit Milk	Chicken Quesadilla Refried beans Tortilla Chips Salsa Fruit Milk
Mon, 2 /5	Tue, 2 /6	Wed, 2 /7	Thu, 2 /8	Fri, 2 /9
Corn Dog French Fries Broccoli & Ranch Fruit Milk	Pizza Pasta Green Beans Roasted Carrots Breadstick Fruit Milk	Beef Taco Spanish Rice Tortilla Chips Salsa Refried beans Fruit Milk	Breaded Chicken Sandwich Baked Beans Baby Carrots Fruit Milk	Mexican Pizza Bean Dip Tortilla Chips Salsa Fruit Milk
Mon, 2 /12	Tue, 2 /13	Wed, 2 /14	Thu, 2 /15	Fri, 2 /16
Chicken Nuggets Broccoli Mashed Potatoes & Gravy Dinner Roll Fruit Milk	Cheeseburger Mac Green Beans Baby Carrots Breadstick Fruit Milk	Glazed Ham Corn Cucumber Slices Dinner Roll Broccoli & Cheese Fruit Milk	Chicken Spaghetti Broccoli Garden Salad Breadstick Fruit Milk	Chicken Taquitos Refried beans Tortilla Chips Salsa Fruit Milk
Mon, 2 /19	Tue, 2 /20	Wed, 2 /21	Thu, 2 /22	Fri, 2 /23
Cheeseburger Green Beans Roasted Carrots Fruit Milk	Frito Chili Pie Tater Tots Fruit Milk	Waffle and Syrup Scrambled Eggs Sausage Patty Seasoned Potatoes Fruit Milk	Spaghetti & Meat Sauce Caesar Salad Cucumber Slices Breadstick Fruit Milk	Burrito Bowl (Chicken, Queso, Rice) Chili Beans Tortilla Chips Salsa Fruit Milk
Mon, 2 /26	Tue, 2 /27	Wed, 2 /28	Thu, 2 /29	
Grilled Cheese Tomato Soup Green Beans Fruit Milk	Flatbread Pizza Caesar Salad Baby Carrots Fruit Milk	Ham & Cheese Melt French Fries Cucumber Slices Fruit Milk	Chicken Nuggets Mashed Potatoes & Gravy Green Beans Dinner Roll Fruit Milk	

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